

Fall 2019 to Spring 2020 Program Season Guidelines

Birth Year	Age Range	Game Format	Field Size (yards)	Goal Size (feet)	Comparable SAY Rec Field	Goalkeeper	Periods /Length (min)	Ball Size	Offside	Headballs	Build Out Line	Goalkeeper Punting?	Ref \$
2012	u8	7v7	47-60x30-40	6.5x18.5 or 6x12	Passers 60-80x40-60	yes	2/25 mins	3	yes	no	yes	no	\$40.00
2011	u9	7v7	47-60x30-40	6.5x18.5 or 6x12	Passers 60-80x40-60	yes	2/25 mins	4	yes	no	yes	no	\$40.00
2010	u10	7v7	47-60x30-40	6.5x18.5 or 6x12	Passers 60-80x40-60	yes	2/25 mins	4	yes	no	yes	no	\$40.00
2009	u11	9v9	75x47	6.5x18.5 or 8x24	Wings 80-90x50-60	yes	2/30 mins	4	yes	no	no	yes	\$50.00
2008	u12	9v9	75x47	6.5x18.5 or 8x24	Wings 80-90x50-60	yes	2/30 mins	4	yes	no	no	yes	\$50.00
2007	u13	11v11	112x75	8x24	Full 80-130x50-100	yes	2/35 mins	5	yes	yes	no	yes	\$60.00
2006	u14	11v11	112x75	8x24	Full 80-130x50-100	yes	2/35 mins	5	yes	yes	no	yes	\$60.00
2005	u15	11v11	112x75	8x24	Full 80-130x50-100	yes	2/35 mins	5	yes	yes	no	yes	\$60.00
2004	u16	11v11	112x75	8x24	Full 80-130x50-100	yes	2/35 mins	5	yes	yes	no	yes	\$60.00
2003	u17	11v11	112x75	8x24	Full 80-130x50-100	yes	2/35 mins	5	yes	yes	no		
2002	u18	11v11	112x75	8x24	Full 80-130x50-100	yes	2/35 mins	5	yes	yes	no		
2001	u19	11v11	112x75	8x24	Full 80-130x50-100	yes	2/35 mins	5	yes	yes	no		

Home Team plays all Referee fees. To figure out birth year take the yearly ending season date for example Spring 2020 and subtract the birth year 2010 = 10 or under 10 or U10

Guest Players aloud for League Games

Coaches Required Items

Per League Organizational Rules, each team during a game match must have the following:

1. Players Card for each player
2. Coaches Card for each coach
3. Copy of official and active team roster
4. The Team Manager or Head Coach must also be able to provide copies of Concussion awareness training.